

CAI-PNW Dolomites and Apuane Alps Program – September 2015



September 7 (Monday) - Leaving Seattle

September 8 (Tuesday) - Arrival to Venice Marco Polo Int. Airport – Transfer to accommodation – Free afternoon in Venice. Overnight in Venice Mestre (Hotel Villa Costanza).

September 9 (Wednesday) - Visiting Venice. Overnight as above.

September 10 (Thursday) – In the morning meeting with the hikers from Pisa and transfer to Falzarego Pass (2015 m) by private bus. Journey time is about four hours, along the way stop for lunch.

[Extra luggage will be left in the bus and retrieved at the end of the trekking.]

Hike to Lagazuoi Refuge (2752 m, elevation gain 650 m, time 2h), near the summit of Piccolo Lagazuoi (2778 m). Along the trail we can see the remains of some military galleries and other works of the First World War. Magnificent view of Eastern Dolomites. Dinner and overnight in Lagazuoi Refuge.

In case of need, Lagazuoi is served by a cableway. <http://www.rifugiolagazuoi.com/indexUK.php>
For information about the war in the Lagazuoi area look at http://www.ecomuseograndeguerra.it/veneto/dolomiti_bellunesi_uk/5_0.php



September 11 (Friday) – From Lagazuoi Refuge we descend towards Forcella Travenanzes (2575 m) and Forcella Col dei Bos, with nice view towards the Travenanzes Valley, the Fanis Towers and the impressive walls of Tofana di Rozes. We walk around Col dei Bos to return to Falzarego Pass. Near the Falzarego Towers we see the ruins of Italian Military Hospital (2 hours 30' up to FP).

From Falzarego Pass we walk up towards Forcella Averau (2435 m) and Nuvolau Refuge (2575 m) on the summit of Monte Nuvolau (2h). From here we descend to Scoiattoli Refuge.

Elevation gain 700 m, walking time 6h. Lunch either at Falzarego Pass or Averau Refuge. Dinner and overnight at Scoiattoli Refuge. <http://www.rifugioscoiattoli.it/>



September 12 (Saturday). From Scoiattoli Refuge we walk around Cinque Torri, and descend towards Rocurto bridge (1700 m, 1h). Here we start to climb towards the Federa Lake, near Croda da Lago, where we arrive in about 2h. Stop for refreshment on the lake shore. From here we continue to rise until Forcella Ambrizzola (2277 m), beyond it we gently descend until Città di Fiume Refuge (1917 m),