

ARCI II Quartiere Cime Tempestose /CAI-PNW Exchange

Tentative Program (B)- December 2012

DAY	HIKES-VISITS	overnight	difficulty	Leaders and remarks
1 - 9set LUN	Arrival - Lodging at hosts' home	hosts	--	GAM or elsewhere
2 - 10set MART	resting time, jet lag recover, activity downtown - Wellcome party in the late afternoon	hosts		Lidia Diella - Marcella Inga - Giovanna Scalfati
3 -11set MERC	In the morning transfer by car + visit FORTE DI BARD, then Buisson and cableway to CHAMOIS. Lodging	Little hotel or Mountain hostel	Moderate	Franco Belloni -Emilio Senesi
4 -12set GIOV	Day hike Santuario Clavalitè 2500 m or other 5h			Franco Belloni -Emilio Senesi
5 -13set VEN	Short hike in the morning - Giro della conca lago LOD 1800-2000 - 3 h Early afternoon return trip to Milan. (Visit lake villages or) free time in Milan	Hosts	Easy	Franco Belloni -Emilio Senesi
6 -14set SAB	In the morning transfer to Salecina (Grigioni Region, CH) 1800 m. Short hike in the afternoon: Lej Cavloc 1910 or Bitabergh 1854 2 h	Salecina Mountain Hostel	Easy	Anna Cartisano - Giorgio Vanaria
7 -15set DOMENICA GITA SOCIALE	Day hike with ARCI Club Lej Lunghin 2484 m or Grevasalvas down to Blaunca 5-6 h	Salecina Mountain Hostel	Moderate	Anna Cartisano - Giorgio Vanaria
8 -16set LUN	Day hike from SILS Maria to Ils Lejins - Furtschellas (cableway) 4 h	Salecina Mountain Hostel	Moderate	Anna Cartisano - Giorgio Vanaria
9 -17set MART	In the morning return trip to Milan. Free time Evening event: tramway trek and dinner	Hosts	--	Lidia Diella - Marcella Inga - Giovanna Scalfati
10 -18set MERC	Urban trekking in Milan or surrounding , aperitif/happy hour downtown (... music?)	Hosts	Touristic	Lidia Diella - Marcella Inga - Giovanna Scalfati
11 -19set GIOV	In the morning car transfer to Riva del Garda (Garda Lake, Trento Province) + bus and ascent to Mount Altissimo (2080 m) 2 h	Mountain Refuge	Easy 500 m elev gain	Emilio Alberici - Giancarlo Tagliabue
12 -20set VEN	In the morning long descent to Malcesine - Transfer to Riva del Garda and strolling around in Riva, facing the Lake	Hostel in Riva del Garda	Easy-moderate 1500 m elev loss	Emilio Alberici - Giancarlo Tagliabue
13 -21set SAB	In the morning return trip to Milan (visit Vittoriale)- Free time in the afternoon	Hosts	--	
14 -22set DOMENICA	Transfer to Lake Maggiore; visit S. Caterina del Sasso, then at Leggiuno (Pitotti home) - at 17,00 Farewell dinner At 20,00 comeback to hosts' home	Hosts	--	Giuseppe Pitotti - Maria Teresa Scherillo
15 -23set LUN	Departure from Milan			

Note. The accommodations in Salecina, Chamois, Mount Altissimo and Riva del Garda will be very simple, as in a mountain refuge. It means that we will likely have multiple room (4-6 beds), bunk beds, shared bathroom.